MatchPoint SUMMER PROGRAM TENNIS

AGES

7 and up (no exception)

REQUIREMENTS

Must be competing in tournament USTA

HOURS

Monday-Thursday 9:00 am - 3:00 pm Friday 9:00am - 4:00pm

STARTS JUNE 23, 2025 LIMITED SPOTS. HURRY UP!

MatchPoint NYC 9000 Bay Parkway, Brooklyn, NY 11214 T: (718) 866 - 1031

MatchPoint NYC reserves the right to change specific activities without notice

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 am _ 9:00 am	ARRIVAL/CHECK IN				
9:00 am 💷 9:30 am	WARM UP/STRETCHING				
9:30 am – 11:30 am	DRILLS	DRILLS	DRILLS	DRILLS	DRILLS
11:30 am – 12:00 pm	STRECH	STRECH	STRECH	STRECH	STRECH
12:00 pm - 1:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 pm – 3:00 pm	MATCHPLAY	MATCHPLAY	MATCHPLAY	MATCHPLAY	MATCHPLAY
3:00 pm - 3:15 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL
3:00 pm _ 4:00 pm					SWIMMING AT MATCHPOINT NYC
4:00 pm - 4:15 pm					DISMISSAL (PICK UP AT SHELL RD)