



AGES

6 and up
(no exception)

REQUIREMENTS

Must know the basics
of the game

HOURS

Full Day
9:00 am - 4:30 pm

STARTS JUNE 23, 2025
LIMITED SPOTS. HURRY UP!

MatchPoint NYC
2781 Shell Road, Brooklyn NY 11223
T: (718) 769-0001

*MatchPoint NYC reserves the right
to change specific activities without notice
Includes activities on our multi-sport outdoor field*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - 9:15 am	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL
9:15 am - 9:30 am	WARM UP	WARM UP	WARM UP	WARM UP	WARM UP
9:30 am - 11:30 am	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE
11:30 am - 12:30 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30 pm - 2:00 pm	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES
2:00 pm - 2:45 pm	FITNESS//FOOTWORK	FITNESS//FOOTWORK	FITNESS//FOOTWORK	FITNESS//FOOTWORK	SWIM PRACTICE
2:45 pm - 3:00 pm	SNACK	SNACK	SNACK	SNACK	SNACK
3:00 pm - 4:15 pm	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES
4:15 pm - 4:30 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL