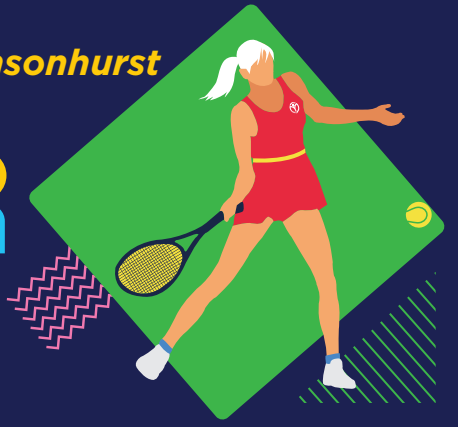




SUMMER 2024 PROGRAM
TENNIS



AGES

7 and up (no exception)

REQUIREMENTS

Must be competing in tournament USTA

HOURS

Full Day
9:00 am - 4:30 pm

STARTS JUNE 24, 2024
LIMITED SPOTS. HURRY UP!

MatchPoint NYC
9000 Bay Parkway, Brooklyn, NY 11214
T: (718) 866 - 1031

MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - 9:15 am	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN
9:15 am - 9:30 am	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING
9:30 am - 11:00 am	DRILLS	DRILLS	DRILLS	DRILLS	DRILLS
11:00 am - 12:00 pm	GAME PLAY	GAME PLAY	GAME PLAY	GAME PLAY	GAME PLAY
12:00 pm - 1:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 pm - 2:00 pm	YOGA/MEDITAION	FOOTBALL/FITNESS	FOOTBALL/FITNESS	YOGA/MEDITAION	MATCHPLAY
2:00 pm - 2:30 pm	SNACK BREAK	SNACK BREAK	SNACK BREAK	SNACK BREAK	SWIMMING
2:30 pm - 4:15 pm	MATCHPLAY	MATCHPLAY	MATCHPLAY	MATCHPLAY	SWIMMING
4:15 pm - 4:30 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL