



SUMMER 2024 PROGRAM

RHYTHMIC GYMNASTICS



AGES

6 and up

REQUIREMENTS

Rhythmic Gymnastics experience is necessary

HOURS

Full Day
9:00 am - 4:00 pm

STARTS JUNE 24, 2024

LIMITED SPOTS. HURRY UP!

MatchPoint NYC

2350 E 69th Street, Brooklyn, NY 11234

T: (718) 444-3600

*MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - 9:15 am	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL	ARRIVAL
9:15 am - 9:30 am	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP	INDOOR WARM UP
9:30 am - 11:30 am	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE
11:30 am - 12:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:00 pm - 2:00 pm	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE
2:00 pm - 2:30 pm	SNACK	SNACK	SNACK	SNACK	SNACK
2:30 pm - 3:45 pm	FREE TIME/ OUTSIDE GAMES	TENNIS	3RD PRACTICE	FREE TIME/ OUTSIDE GAMES	TENNIS
3:45 pm - 4:00 pm	DISMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL