



SUMMER 2024 PROGRAM

MULTISPORT



AGES

6 to 11

HOURS

Full Day
9:00 am - 4:30 pm



Bring water, sunscreen and hat

STARTS JUNE 24, 2024

LIMITED SPOTS. HURRY UP!

MatchPoint NYC
2781 Shell Road, Brooklyn NY 11223
T: (718) 769-0001

**Swim classes from August 19 to 30 will be substituted with other coach-led activities*

MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am - 9:15 am	ARRIVAL / RULES	ARRIVAL / RULES	ARRIVAL / RULES	ARRIVAL / RULES	ARRIVAL / RULES
9:15 am - 10:15 am	SOCCER OUTDOOR	FITNESS	SOCCER OUTDOOR	FITNESS	
9:15 am - 10:30 am					*SWIMMING
10:00 am - 10:15 am					
10:15 am - 10:30 am	SNACK #1	SNACK #1	SNACK #1	SNACK #1	SNACK #1
10:15 am - 11:15 am		OUTDOOR GAMES		BOXING	THEMED PARTY
10:30 am - 11:15 am	FITNESS		FITNESS		THEMED PARTY
10:30 am - 12:30 pm					THEMED PARTY
11:30 am - 12:30 pm	TENNIS	TENNIS	TENNIS	TENNIS	THEMED PARTY
12:30 pm - 1:00 pm					LUNCH
12:30 pm - 1:30 pm	LUNCH	LUNCH	LUNCH	LUNCH	
1:15 pm - 2:00 pm					STRETCHING CLASS
1:30 pm - 2:45 pm	*SWIMMING	*SWIMMING	*SWIMMING	*SWIMMING	
2:00 pm - 3:00 pm					TENNIS
2:45 pm - 3:00 pm	SNACK #2		SNACK #2		
2:45 pm - 3:45 pm		INDOOR GAMES / SNACK #2		INDOOR GAMES / SNACK #2	
3:00 pm - 3:15 pm					SNACK #2
3:00 pm - 3:45 pm	STEM / OUTDOOR		STEM / OUTDOOR		
3:15 pm - 4:15 pm					
3:45 pm - 4:15 pm	AWARDS / STRETCH	AWARDS / STRETCH	AWARDS / STRETCH	AWARDS / STRETCH	STEM / OUTDOOR
4:15 pm - 4:30 pm	DISSMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL	DISSMISSAL