



SUMMER FULL-DAY Programs



TENNIS

AGES

6 and older

REQUIREMENTS

Beginner -
Advanced players

HOURS

Full Day
8:45 am - 4:30 pm

JUNE 27TH - SEPTEMBER 2ND

Minimum registration 4 weeks

WEEK 1	<input type="checkbox"/>	6.27 - 7.01	WEEK 6	<input type="checkbox"/>	8.01 - 8.05
WEEK 2	<input type="checkbox"/>	7.04 - 7.08	WEEK 7	<input type="checkbox"/>	8.08 - 8.12
WEEK 3	<input type="checkbox"/>	7.11 - 7.15	WEEK 8	<input type="checkbox"/>	8.15 - 8.19
WEEK 4	<input type="checkbox"/>	7.18 - 7.22	WEEK 9	<input type="checkbox"/>	8.22 - 8.26
WEEK 5	<input type="checkbox"/>	7.25 - 7.29	WEEK 10	<input type="checkbox"/>	8.29 - 9.02

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 am - 9:00 am	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN
9:00 am - 9:15 am	WARM UP	WARM UP	WARM UP	WARM UP	WARM UP
9:15 am - 11:30 am	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE
11:30 am - 12:30 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:30 pm - 2:00 pm	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES	POINTS/GAMES
2:00 pm - 2:45 pm	STRETCHING/FITNESS	STRETCHING/FITNESS	STRETCHING/FITNESS	STRETCHING/FITNESS	STRETCHING/FITNESS
2:45 pm - 3:15 pm	SNACK #2	SNACK #2	SNACK #2	SNACK #2	SNACK #2
3:15 pm - 4:15 pm	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES	TENNIS GAMES
4:15 pm - 4:30 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL

*MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field*

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