



SUMMER FULL-DAY Programs



TENNIS

AGES

7 to 11

REQUIREMENTS

Advanced players
only

HOURS

Full Day
8:45 am - 4:30 pm

JUNE 27TH - SEPTEMBER 2ND

Minimum registration 4 weeks

WEEK 1	<input type="checkbox"/> 6.27 - 7.01	WEEK 6	<input type="checkbox"/> 8.01 - 8.05
WEEK 2	<input type="checkbox"/> 7.04 - 7.08	WEEK 7	<input type="checkbox"/> 8.08 - 8.12
WEEK 3	<input type="checkbox"/> 7.11 - 7.15	WEEK 8	<input type="checkbox"/> 8.15 - 8.19
WEEK 4	<input type="checkbox"/> 7.18 - 7.22	WEEK 9	<input type="checkbox"/> 8.22 - 8.26
WEEK 5	<input type="checkbox"/> 7.25 - 7.29	WEEK 10	<input type="checkbox"/> 8.29 - 9.02

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:45 am - 9:00 am	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN
9:00 am - 9:30 am	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING	WARM UP/STRETCHING
9:30 am - 11:00 am	DRILLS	DRILLS	DRILLS	DRILLS	DRILLS
11:00 am - 12:00 pm	GAME PLAY	GAME PLAY	GAME PLAY	GAME PLAY	GAME PLAY
12:00 pm - 1:00 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00 pm - 2:00 pm	YOGA/MEDITATION	FOOTBALL/FITNESS	YOGA/MEDITATION	FOOTBALL/FITNESS	MATCHPLAY
2:00 pm - 2:30 pm	SNACK BREAK	SNACK BREAK	SNACK BREAK	SNACK BREAK	SWIMMING
2:30 pm - 4:15 pm	MATCHPLAY	MATCHPLAY	MATCHPLAY	MATCHPLAY	SWIMMING
4:15 pm - 4:30 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL

MatchPoint NYC reserves the right to change specific activities without notice

MatchPoint NYC • 9000 Bay Parkway, Brooklyn, NY 11214 • T: (718) 866 - 1031



Bring water, sunscreen and hat