



SUMMER FULL-DAY Programs



AGES

6 and older

REQUIREMENTS

Strong swimmers only
(intermediate and up)

Ages 6-7 must try out

HOURS

Full Day 8:00 am - 4:00 pm

JUNE 27TH - JULY 29TH

Minimum registration 3 weeks

WEEK 1 6.27 - 7.01

WEEK 2 7.04 - 7.08

WEEK 3 7.11 - 7.15

WEEK 4 7.18 - 7.22

WEEK 5 7.25 - 7.29

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 am - 8:15 am	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN	ARRIVAL/CHECK IN
8:15 am - 9:15 am	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE	1ST PRACTICE
9:30 am - 9:45 am	SNACK #1	SNACK #1	SNACK #1	SNACK #1	SNACK #1
9:45 am - 10:00 am	STROKE ANALYSIS INTROD.	SOCCER	DRYLAND	SOCCER	BOXING
10:00 am - 11:00 am	STROKE ANALYSIS INTROD.	SOCCER	DRYLAND	SOCCER	BOXING
11:00 am - 11:15 am	SNACK #2	SNACK #2	SNACK #2	SNACK #2	SNACK #2
11:30 am - 11:45 am	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM
11:45 am - 12:45 pm	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE	2ND PRACTICE
12:45 pm - 1:00 pm	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM	LOCKER ROOM
1:00 pm - 1:30 pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:30 pm - 2:00 pm	BASKETBALL	STRETCHING	ARTS AND CRAFTS	STRETCHING	OUTDOOR
2:00 pm - 3:00 pm	TENNIS	3RD PRACTICE	TENNIS	3RD PRACTICE	TENNIS
3:00 pm - 3:45 pm	3RD PRACTICE	3RD PRACTICE	FITNESS	3RD PRACTICE	FITNESS
3:45 pm - 4:00 pm	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL	DISMISSAL

MatchPoint NYC reserves the right to change specific activities without notice
Includes activities on our multi-sport outdoor field

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