



2781 Shell Road, Brooklyn, NY 11223  
(718) 769-0001 | www.matchpoint.nyc

Rhythmic Gymnastics • PRE-TEAM • Spring 2022

## SESSION DATES

Jan 24, 2022 – June 26, 2022 (TWENTY-ONE WEEK program, off week: April 18 – 24)

## PROGRAM DETAILS

All sign-ups must be approved by Rhythmic Gymnastics Pre-Team Director, Faten Alali, at telephone (347) 875-2028.

<u>Class</u>	<u>Ages</u>	<u>Instruction</u>	<u>Days and Times</u>
<b>INTERMEDIATE</b>			
<input type="checkbox"/> Class 1	3 – 4	two 1 ½ hour classes weekly	Tue 3:30 – 5 ◦ Sat 10 – 11:30
<input type="checkbox"/> Class 2 A	5 + up	two 2 hour classes weekly	Mon 3:30 – 5:30 ◦ Thu 3:30 – 5:30
<input type="checkbox"/> Class 2 B	5 + up	two 2 hour classes weekly	Tue 3:30 – 5:30 ◦ Sat 1 – 3
<input type="checkbox"/> Class 3	5 + up	two 2 hour classes weekly	Mon 5:30 – 7:30 ◦ Wed 5:30 – 7:30
<input type="checkbox"/> Class 4	5 + up	two 2 hour classes weekly	Thu 5:30 – 7:30 ◦ Fri 5:30 – 7:30
<input type="checkbox"/> Class 5	9 - 11	two 2 hour classes weekly	Mon 5:30 – 7:30 ◦ Thu 5:30 – 7:30
<input type="checkbox"/> Class 6	12 + up	two 3 hour classes weekly	Wed 6 – 9 ◦ Fri 6 – 9

### BEGINNER

**Saturday-only Classes** Saturday classes are for new MatchPoint NYC gymnasts only

<input type="checkbox"/> Class 7	3 – 4	one 1 ½ hour class weekly	Sat 10 – 11:30
<input type="checkbox"/> Class 8	5 + up	one 1 ½ hour class weekly	Sat 11:30 – 1

**Sunday-only Classes** Sunday classes are for new MatchPoint NYC gymnasts only

<input type="checkbox"/> Class 9	5 + up	one 1 ½ hour class weekly	Sun 10 – 11:30
<input type="checkbox"/> Class 10	3 – 4	one 1 ½ hour class weekly	Sun 11:30 – 1

### Ages

### RHYTHMIC STRETCH

<input type="checkbox"/> Stretching class	7 + up	one 1 hour class weekly	Sat 1 – 2
<input type="checkbox"/> Stretching Drop-in			

## GENERAL TERMS

For pricing and all other details, please contact the front desk (718) 769 – 0001 or visit us at 2781 Shell Rd, Brooklyn.