

SESSION DATES

Jan 25, 2021 – April 25, 2021 (TWELVE WEEK program, off week: March 29 – April 4)

PROGRAM DETAILS

Mondays 4 pm – 6 pm

Wednesdays 4 pm – 6 pm

Sundays 12 pm – 2 pm

Tuesdays 3:30 pm – 5 pm

Fridays 2 pm – 3:30 pm

GENERAL INFORMATION

For pricing and all other details, please contact the front desk (718) 769 – 0001 or visit us at 2781 Shell Rd, Brooklyn.