



## Tennis • JUNIOR DEVELOPMENT • Fall 2020

### SESSION DATES

Sept 7, 2020 – Jan 24, 2021 (nineteen week program, off week: Dec 28 – Jan 3)

### PROGRAM DETAILS

- Natural progression tennis drills • 30 minutes of tennis-specific fitness conditioning to maximize performance (except INT/Beg. Weekends).
- Maximum 4 students per court. • Up to 2 make-ups for missed classes. Make-ups must be approved by JD Director, **Sergey Igel, at telephone (646) 318-6050**, at least 24 hours in advance (no walk-ins).
- Director of Tennis must approve all registrations

#### INTERMEDIATE (and Beginner) Weekdays

- Monday 4:30 pm to 6:00 pm
- Tuesday 4:30 pm to 6:00 pm
- Wednesday 4:30 pm to 6:00 pm
- Thursday 4:30 pm to 6:00 pm
- Friday 5:00 pm to 6:30 pm

#### INTERMEDIATE (and Beginner) Weekends

- |                                   |   |   |                      |
|-----------------------------------|---|---|----------------------|
| <input type="checkbox"/> Saturday | } | <input type="checkbox"/> 10:00 am to 11:00 am | <b>BEGINNER</b>      |
| <input type="checkbox"/> Sunday   |   | <input type="checkbox"/> 11:00 am to 12:00 pm | <b>INTER. / Beg.</b> |
|                                   |   | <input type="checkbox"/> 12:00 pm to 1:00 pm  | <b>INTER. / Beg.</b> |
|                                   |   | <input type="checkbox"/> 1:00 pm to 2:00 pm   | <b>INTERMEDIATE</b>  |
|                                   |   | <input type="checkbox"/> 2:00 pm to 3:00 pm   | <b>INTERMEDIATE</b>  |

#### TOURNAMENT TRAINING Intermediate

- Monday 5:30 pm to 7:30 pm
- Tuesday 5:30 pm to 7:30 pm
- Wednesday 5:30 pm to 7:30 pm
- Thursday 5:30 pm to 7:30 pm
- Friday
  - 6:00 pm to 8:00 pm
  - 7:30 pm to 9:30 pm

#### TOURNAMENT TRAINING Advanced

select **TWO** classes per week:

- |  |  |
|--|--|
| <input type="checkbox"/> Mon 7 pm – 9 pm | <input type="checkbox"/> Wed 7 pm – 9 pm |
| <input type="checkbox"/> Tue 7 pm – 9 pm | <input type="checkbox"/> Thu 7 pm – 9 pm |

**PLUS:** Supervised Match Play, Sundays 6:00 pm to 8:00 pm,

included **free of charge**

**Required prior to sign-up:**

1. USTA Ranking.
2. JD Director approval — Sergey Igel (646) 318-6050.

**Sign up for two classes per week to qualify for FREE Supervised Match Play Sundays 6:00 pm to 8:00 pm**

### GENERAL TERMS

For pricing and all other details, please contact the front desk (718) 769 – 0001 or visit us at 2781 Shell Rd, Brooklyn.